

**2024 SPRING CONNECT GROUPS**  
**'GET REAL' WEEK 7: REAL PEOPLE DON'T FEEL FULFILLED**  
**Week of MAY 19-May 25th**

**Introduction:** The big idea: "Real people don't feel fulfilled, but can still find contentment."

**Summary:** Everyone wants to live a fulfilled life, but yet many people struggle to find this fulfillment. In this message we looked at many reason why we don't feel fulfilled and we saw that the way to true fulfillment isn't in the many things that this world offers, but in the things that we find in God.

This week we looked at three pathways to true fulfillment:

- 1. From Meaningless Vanity to a Meaningful Life**
- 2. From Success to Significance**
- 3. From Comparison to Contentment**

In this message we looked at principles such as:

- The search for fulfillment should begin with the question, 'what's most important in my life?'
- The whole point of Ecclesiastes is that 'life is a 'vapor' so what are we doing to do with it?'
- We all want success, but don't let success come at the cost of your significance.
- Life becomes 'truly life' when we give it away.
- Greed and gain is not the goal of life, it's godliness with contentment.
- Learning to be content starts with gratitude.

**Scriptures to Explore:**

- 1. Ecclesiastes 1:14, 5:10**
- 2. Philippians 4:11-13**
- 3. Matthew 6:25-34**

**Discussion Questions:**

1. Share a time when you pursued something in the hopes of finding fulfillment but felt dissatisfied. What did you learn from that experience?
2. In the message we talked about survival, success, and significance. Discuss the importance of significance and give some ways that we can use our lives in significant ways.
3. Read Ecclesiastes 1:14 and 5:10, how does 'chasing after the wind' and especially the pursuit of wealth and material possessions often lead to dissatisfaction? Share personal experiences or observations related to this pursuit.
4. Discuss Paul's secret to being content in various circumstances in Philippians 4:11-13. How does relying on Christ's strength impact our ability to find contentment, regardless of circumstances?
5. Reflect on the worries and anxieties mentioned by Jesus. How can trusting in God's provision lead to contentment in the midst of life's uncertainties?

**Personal Application:** List what areas of your life you currently struggle with contentment? How can the principles from the Scriptures guide you in cultivating contentment?

**Prayer**